

Action for Carers Oxfordshire: Referral #158

Received at 12:00am on Wed 26th Mar, 2025

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| Carer details | | |
| Name: Lanie (known as Tara) Ankunding | | Age: 63 yrs (9/2/1962) |
| Phone: 098 2386885 / 05095 2036058 | | Email: lanie_ankunding@example.com |
| Preferred communication methods: Landline, Mobile phone | | |
| Address: 112 Cormier Valley, Apt. 463, East Mac, HX5 1LE | | |
| Helped before?: Not sure | | Cared for: 5 |
| Sex: Prefer not to say | | Gender: Prefer not to say |
| Ethnic group: Pakistani | | Heard from: A professional |
| Referral reason(s): Short Breaks and Wellbeing offers, Speak to someone who can give practical advice and support, Resources provided by Carers Oxfordshire for carers | | |
| Resources wanted: Preparing for an emergency, Carers photo ID letter, Care Matters newsletter by post, Care Matters newsletter by email, Regular email updates and offers for: carers of someone age 18 or over | | |
| Currently coping: Very well | Current health: Good | Current stress: A little |
| Anything else: Nam voluptatibus temporibus eligendi maxime accusamus. | | |
| Consent to process data: Yes | | |

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| Main cared for person | | |
| Name: Almeta (known as Velia) Howe | | Age: 65 yrs (6/12/1960) |
| Relationship to carer: Brother / Sister | Lives with carer?: Yes | Postcode: repellat |
| Mental health diagnosis: Schizoaffective Disorder, Bipolar Disorders, General & Social Anxiety Disorder (GAD), Stress and anxiety, Post-Traumatic Stress Disorder (PTSD Civil), Post-Traumatic Stress Disorder (PTSD Military Veterans), Acute stress disorder, Self-Harm, Suicide Idealization, Mental Health related Debt, Other: rem | | |
| Specialist mental health support in last 12 months?: No | | |
| Medical conditions: praesentium | | |